

**Valley Stream
Silver Threads
Application**

Date: _____

Name: _____

Address: _____

Telephone: _____

Cell: _____

Marital Status: _____

Date of Birth: _____

Retired: Yes ___ No ___

Emergency Contact Person(s) name,
address and contact number's:

Physical Limitations:

Medications:

I am a resident of Valley Stream:
(signature)

Date: _____

*Valley Stream Village
Board of Trustees*

**Edwin A. Fare
Mayor**

John L. Tufarelli

Vincent M. Grasso

Dermond E. Thomas

Sean Wright

Trustees

**Virginia Clavin-Higgins
Village Justice**

**Robert V. Fumagalli
Village Clerk**



**Valley Stream
Silver Threads
Senior Program**
"Young at Heart"

VALLEY STREAM
SILVER THREADS
SENIOR CITIZEN
ENRICHMENT PROGRAM



SENIOR ACTIVITIES
5 DAYS A WEEK

516-825-8571

WWW.VSVNY.ORG



OUR MISSION STATEMENT

IT IS THE MISSION OF THE VALLEY STREAM SILVER THREADS PROGRAM TO PROVIDE OUR ELDER RESIDENTS WITH MULTI-FACETED ACTIVITIES THAT SUPPORT THE WELL BEING AND SATISFACTION OF OUR SENIOR CITIZENS THROUGH EVENTS, PARTICIPATION, VOLUNTEER AND SOCIAL FUNCTIONS. OUR GOAL IS TO PROVIDE ALL RESIDENTS WITH MEANINGFUL COMMUNITY INTERACTIONS.

SILVER THREADS ACTIVITIES

- Bocce Ball (SEASONAL)
- Crocheting (Tuesdays)
- Chair Yoga (Tues. & Thurs.)
- Bingo (3rd. Wed.)
- Card Games
- Mahjong
- Table Top Games
- Celebrations/Parties

Scheduled Trips To:

- *Aqueduct (2x a month)
- *Green Acres Mall
- *King Kullen
- *Food World
- *Trader Joes
- *Key Food
- *Valley Stream Library



VALLEY STREAM SILVER THREADS SENIOR CITIZEN ENRICHMENT PROGRAM

The Valley Stream Community Center is home to Valley Stream's "Silver Threads," a wonderful program that is open to Valley Stream and Central High School District senior citizens. The members of the "Silver Threads" enjoy gathering at the newly renovated and designed Community Center where they participate in a variety of activities on a daily basis. Our lakeside gazebo provides a perfect backdrop for fair-weather luncheons as well.

Here at the Community Center our senior residents have opportunities to socialize, play cards or knit and crochet. Most recently, our expanded program now includes Mah Jong.

Perennial favorites such as Bingo, board games, Bocce Ball (seasonal), holiday luncheons, as well as trips to Aqueduct, Racetrack, Green Acres Mall, area grocery stores and the Henry Waldinger Library are on-going. The Village of Valley Stream provides bus service for the "Silver Threads" who are unable to drive to the scheduled program destinations, as well as to the Community Center where fresh coffee is always available for the "Silver Thread" members.

Signing up for the "Silver Threads" is easy, convenient and free. You have the choice of either mailing or dropping off your application at the Village Hall or signing up in person at the Community Center. The Community Center is open 7 days a week; Monday through Friday, 9am to 9pm and weekends 8am to 9pm. For further information feel free to contact the Community Center at 516-825-8571.



Please mail your application to the:
Inc. Village of Valley Stream
123 South Central Avenue
Valley Stream, NY 11580